***JON’S SERMON OUTLINE….***

HOW TO HEAL YOUR BROKEN HEART

*The eyes of the Lord are on the righteous, and His ears are open to their cry. The face of the Lord is against those who do evil, to cut off the remembrance of them from the earth. The righteous cry out, and the Lord hears, and delivers them out of all their troubles. The Lord is near to those who have a broken heart, and saves such as have a contrite spirit.*

Psalm 34:15-18

Introduction: Living for God brings great joy, purpose, and conviction. Even in our times of trouble, we know that God hears our prayers and sees our struggles. The tears still come, though, and the hurt in our heart is still real. Suffering isn’t something we fully understand. Instead of answers, what we are assured of is God’s comfort. How do the brokenhearted get that blessing from God?

1. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ THAT GOD IS WITH YOU:

a. God has His eye on you (Psalm 34:15).

b. God cares (1 Peter 5:7).

c. God wants to help you out (Hebrews 4:16).

2. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ THE HURT:

a. Don’t repress it.

b. Don’t rehearse it.

c. Don’t resent it.

3. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ ON GOD’S RESOURCES:

a. The Scriptures (Psalm 119:25,50).

b. The Saints (2 Corinthians 1:3-4).

c. The Spirit (Romans 8:16).

CONCLUSION: What will you do with your broken heart?

Answers: 1. Realize 2. Release 3. Rely