

# 2024 World Prayer Guide

## AFRICA

20 Algeria	Algiers	46,800,000
20 Angola	Luanda	36,700,000
20 Benin	Porto-Novo	13,700,000
20 Botswana	Gaborone	2,700,000
20 Burkina Faso	Ouagadougou	22,900,000
20 Burundi	Bujumbura	13,200,000
20 Cameroon	Yaounde	28,100,000
21 Cabo Verde	Cidade de Praia	600,000
21 Central African Repub.	Bangui	6,200,000
21 Chad	N'Djamena	18,300,000
21 Comoros	Moroni	900,000
21 Congo	Brazzaville	6,100,000
21 Congo, Dem. Republic	Kinshasa	102,300,000
21 Côte d'Ivoire	Abidjan	30,900,000
22 Djibouti	Djibouti	1,100,000
22 Egypt	Cairo	105,200,000
22 Equatorial Guinea	Malabo	1,700,000
22 Eritrea	Asmara	3,700,000
22 Ethiopia	Addis Ababa	126,500,000
22 Gabon	Malabo	2,400,000
22 Gambia	Banjul	2,800,000
23 Ghana	Accra	34,100,000
23 Guinea	Conakry	14,200,000
23 Guinea-Bissau	Bissau	2,200,000
23 Kenya	Nairobi	55,100,000
23 Lesotho	Maseru	2,300,000
23 Liberia	Monrovia	5,400,000
23 Libya	Tripoli	6,900,000
24 Madagascar	Antananarivo	30,400,000
24 Malawi	Lilongwe	19,800,000
24 Mali	Bamako	23,300,000
24 Mauritania	Nouakchott	4,900,000
24 Mauritius	Port Louis	1,300,000
24 Mayotte	Mamoudzou	300,000
24 Morocco	Rabat	37,000,000
25 Mozambique	Maputo	33,900,000
25 Namibia	Windhoek	2,600,000
25 Niger	Niamey	27,200,000
25 Nigeria	Abuja	223,800,000
25 Reunion	St. Denis	900,000
25 Rwanda	Kigali	14,100,000
25 Sao Tome & Principe	Sao Tome	200,000
26 Senegal	Dakar	18,300,000
26 Seychelles	Victoria	100,000
26 Sierra Leone	Freetown	8,900,000
26 Somalia	Mogadishu	18,100,000
26 South Africa	Pretoria	60,700,000
26 South Sudan	Juba	11,100,000
26 Sudan	Khartoum	48,100,000

## AFRICA, Continued

27 eSwatini (Swaziland)	Mbabane	1,200,000
27 Tanzania	Dar-es-Salaam	67,400,000
27 Togo	Lome	9,100,000
27 Tunisia	Tunis	11,900,000
27 Uganda	Kampala	46,800,000
27 Western Sahara	El Aaiun	600,000
27 Zambia	Lusaka	20,200,000
27 Zimbabwe	Harare	16,700,000

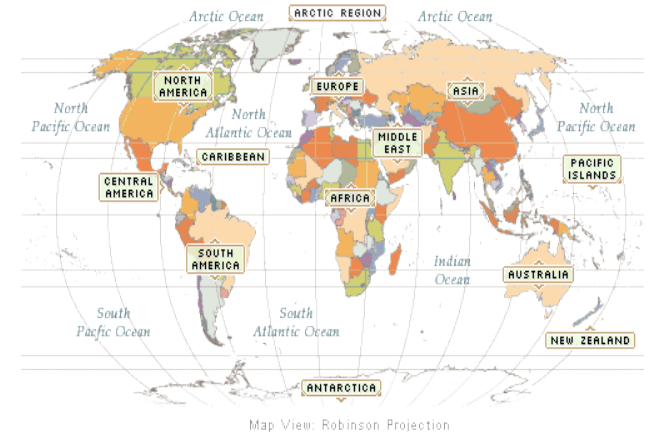
## AUSTRALIA and OCEANIA

28 Australia	Canberra	26,600,000
28 Fiji	Suva	900,000
28 French Polynesia	Papeete	300,000
28 Guam	Agana	200,000
28 Kiribati	Tarawa	100,000
28 Marshall Islands	Majuro	50,000
29 Micronesia Fed States	Palikir	100,000
29 Nauru	Yaren District	10,000
29 New Caledonia	Noumea	300,000
29 New Zealand	Wellington	5,200,000
29 Palau	Koror	20,000
30 Papua New Guinea	Port Moresby	9,500,000
30 Samoa	Apia	200,000
30 Solomon Islands	Honiara	800,000
30 Tonga	Nuku'alofa	100,000
30 Tuvalu	Funafuti	10,000
30 Vanuatu	Port-Vila	300,000

Data Source: Population Reference Bureau  
2023 World Population Data Sheet

Pray each day for the people and leaders in the countries with that day's number and cover the entire world in prayer every month. The capital city and the mid-2023 population follow each country name. The total world population in mid-2023 is 8,009,000,000.

Presented by  
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“My house shall be called  
a house of prayer for all  
nations.” Mark 11:17

**NORTH AMERICA**

1 Canada	Ottawa	40,100,000
1 United States of America	Washington, D.C.	335,000,000

**CENTRAL AMERICA**

1 Belize	Belmopan	500,000
1 Costa Rica	San Jose	5,300,000
1 El Salvador	San Salvador	6,400,000
1 Guatemala	Guatemala	18,100,000
1 Honduras	Tegucigalpa	9,700,000
2 Mexico	Mexico City	131,000,000
2 Nicaragua	Managua	6,800,000
2 Panama	Panama City	4,500,000

**CARIBBEAN**

2 Antigua and Barbuda	St. John's	100,000
2 Bahamas	Nassau	400,000
2 Barbados	Bridgetown	300,000
2 Cuba	Havana	11,000,000
3 Curacao	Willemstad	100,000
3 Dominica	Roseau	70,000
3 Dominican Republic	Santo Domingo	11,300,000
3 Grenada	St. George's	100,000
3 Guadeloupe	Basse-Terre	400,000
3 Haiti	Port-au-Prince	11,600,000
3 Jamaica	Kingston	2,800,000
4 Martinique	Fort-de-France	300,000
4 Puerto Rico	San Juan	3,300,000
4 St. Kitts-Nevis	Basseterre	50,000
4 Saint Lucia	Castries	200,000
4 St. Vincent & Grenadines	Kingstown	100,000
4 Trinidad and Tobago	Port-of-Spain	1,400,000

**SOUTH AMERICA**

5 Argentina	Buenos Aires	46,300,000
5 Bolivia	La Paz	12,200,000
5 Brazil	Brasilia	204,000,000
5 Chile	Santiago	20,000,000
5 Colombia	Bogotá	52,200,000
5 Ecuador	Quito	17,100,000
5 French Guiana	Cayenne	300,000
6 Guyana	Georgetown	800,000
6 Paraguay	Asunción	6,200,000
6 Peru	Lima	33,800,000
6 Suriname	Paramaribo	600,000
6 Uruguay	Montevideo	3,600,000
6 Venezuela	Caracas	28,800,000

**EUROPE**

7 Albania	Tirana	2,700,000
7 Andorra	Andorra la Vella	80,000
7 Austria	Vienna	9,200,000
7 Belarus	Minsk	9,200,000
7 Belgium	Brussels	11,800,000
7 Bosnia – Herzegovina	Sarajevo	3,400,000
7 Bulgaria	Sofia	6,400,000
8 Channel Islands	St. Peter Port	200,000
8 Croatia	Zagreb	3,800,000
8 Czechia	Prague	10,900,000
8 Denmark	Copenhagen	5,900,000
8 Estonia	Tallinn	1,400,000
8 Finland	Helsinki	5,600,000
8 France	Paris	65,900,000
8 Germany	Berlin	84,900,000
9 Greece	Athens	10,600,000
9 Hungary	Budapest	9,600,000
9 Iceland	Reykjavik	400,000
9 Ireland	Dublin	5,200,000
9 Italy	Rome	58,800,000
9 Kosovo	Pristina	1,700,000
9 Latvia	Riga	1,900,000
9 Liechtenstein	Vaduz	40,000
10 Lithuania	Vilnius	2,900,000
10 Luxembourg	Luxembourg	700,000
10 Malta	Valletta	600,000
10 Moldova	Chisinau	3,400,000
10 Monaco	Monaco	40,000
10 Montenegro	Podgorica	600,000
10 Netherlands	Amsterdam	17,900,000
11 North Macedonia	Skopje	1,800,000
11 Norway	Oslo	5,500,000
11 Poland	Warsaw	37,700,000
11 Portugal	Lisbon	10,500,000
11 Romania	Bucharest	19,100,000
11 Russia	Moscow	146,900,000
11 San Marino	San Marino	40,000
12 Serbia	Belgrade	6,600,000
12 Slovakia	Bratislava	5,400,000
12 Slovenia	Ljubljana	2,100,000
12 Spain	Madrid	48,300,000
12 Sweden	Stockholm	10,500,000
12 Switzerland	Bern	8,800,000
12 Ukraine	Kiev	36,700,000
12 United Kingdom	London	68,100,000

13 Afghanistan	Kabul	42,400,000
13 Armenia	Yerevan	3,000,000
13 Azerbaijan	Baku	10,200,000
13 Bahrain	Manama	1,600,000
13 Bangladesh	Dhaka	173,500,000
13 Bhutan	Thimphu	800,000
13 Brunei	Bandar Seri	400,000
14 Cambodia	Phnom Penh	17,000,000
14 China	Beijing	1,419,300,000
14 Cypress	Nicosia	1,300,000
14 Georgia	Tbilisi	3,800,000
14 India	New Delhi	1,428,600,000
14 Indonesia	Jakarta	278,700,000
14 Iran	Tehran	89,200,000
15 Iraq	Baghdad	45,500,000
15 Israel	Jerusalem	9,800,000
15 Japan	Tokyo	124,500,000
15 Jordan	Amman	11,400,000
15 Kazakhstan	Astana	19,900,000
15 Korea, North	Pyongyang	26,200,000
15 Korea, South	Seoul	51,400,000
16 Kuwait	Kuwait	4,400,000
16 Kyrgyzstan	Bishkek	6,800,000
16 Laos	Vientiane	7,500,000
16 Lebanon	Beirut	5,400,000
16 Malaysia	Kuala Lumpur	33,400,000
16 Maldives	Male	600,000
16 Mongolia	Ulan Bator	3,500,000
17 Myanmar	Yangon	55,400,000
17 Nepal	Kathmandu	30,900,000
17 Oman	Muscat	5,000,000
17 Pakistan	Islamabad	240,500,000
17 Palestinian Terr.	Jerusalem	5,500,000
17 Philippines	Manila	117,300,000
17 Qatar	Doha	2,700,000
18 Saudi Arabia	Riyadh	36,900,000
18 Singapore	Singapore City	5,800,000
18 Sri Lanka	Colombo	22,700,000
18 Syria	Damascus	23,200,000
18 Taiwan	Taipei	23,400,000
18 Tajikistan	Dushanbe	10,200,000
18 Thailand	Bangkok	66,000,000
19 Timor-Leste	Dili	1,400,000
19 Turkey	Ankara	85,600,000
19 Turkmenistan	Ashkhabad	7,100,000
19 United Arab Emirates	Abu Dhabi	9,500,000
19 Uzbekistan	Tashkent	36,400,000
19 Vietnam	Hanoi	98,900,000
19 Yemen	Sana'a	34,400,000